

Nassau Nastics News

The Official Newsletter of Nassau Nastics

Proud Member of the Gymnastics Federation of the Bahamas

Atlantis Crown Invitational 2018



The 8th annual Atlantis Crown Invitational came to our beautiful island shores once again on the weekend of December 14-16, 2018. Hosted by Branch Gymnastics, the gymnastics meet was held at the Atlantis Resort, Paradise Island in the Imperial Ballroom. The opening ceremony was held on Thursday December 13th and was followed by three days of intense competition by 1,100 gymnasts representing 6 countries including the USA, Canada, Columbia, Surinam, United Kingdom and The Bahamas. A total of 86 Bahamian gymnasts competed at this year's Atlantis Crown from three local gymnastics clubs; Nassau Nastics and Bahamas Star located in New Providence and Grand Bahama Gymnastics Academy from Freeport, Grand Bahama.



This indicates the immense growth in the sport that the Bahamas has been experiencing in recent years. This international gymnastic event has also shared in majorly influencing our gymnastics programs here through the support of its coordinators Al and Cindy Scharns of Michigan State, USA.



Also, the presence of the Atlantis Crown here in the Bahamas has allowed our gymnasts to be a part of an international gymnastics competition that they would only experience if traveling to the United States. This year's Atlantis Crown offered a special treat to its Bahamian viewers. Along with the addition of Men's gymnastics there was also Rhythmic Gymnastics at the event for the first time. These graceful female athletes create beautiful and very technical floor routines that accentuate their ability to bend, twist, jump and turn in every imaginable form while focused on manipulating in the air an apparatus such as a ribbon, club, rope, hoop or a ball. Also, three-time Olympic Champion, Svetlana Boginskaya graced us with her presence again this year and presented the medaling gymnasts with their awards for outstanding performances during the gymnastics meet.

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